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Adverse life events and overweight in childhood, adolescence and young adulthood

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STELLINGEN

behorend bij het proefschrift

‘Adverse life events and overweight in childhood, adolescence and young adulthood’

Leonie K. Elsenburg

1. There are indications of a relationship between adverse life events in childhood and overweight in young adulthood, but this relationship is generally not seen earlier in life (this thesis)
2. Psychological factors, like personality, influence the relationship between childhood abuse and overweight in young adulthood (this thesis)
3. Individuals with a high body mass index in young adulthood often already have a high body mass index at the beginning of adolescence (this thesis)
4. Young adult females are more prone to overweight following the experience of childhood abuse than young adult males (this thesis)
5. Mental health conditions partly explain the relation between childhood abuse and overweight in young adult females (this thesis)
6. Research on accumulation of adverse life events would benefit from a higher level of standardization of measurement of adverse life events and construction of accumulated adverse life events measures (this thesis)
7. What does not kill you, does not always make you stronger
8. Pediatricians should be aware of the early psychosocial environment of their patients, as it can contain important clues regarding the cause of and possible treatment options for the health conditions of their patients
9. “It is easier to build strong children than to repair broken men” (Frederick Douglass)
10. While datasets of large cohort studies are useful to assess relationships with small effect sizes, they often lack the information necessary to truly understand these relationships
11. Field-specific terminology hampers multi- and interdisciplinary collaboration
12. Replication of research is a critical aspect of science
13. To p , or not to p , that’s the question
14. “Criticism, like rain, should be gentle enough to nourish a man's growth without destroying his roots” (Frank A. Clark)